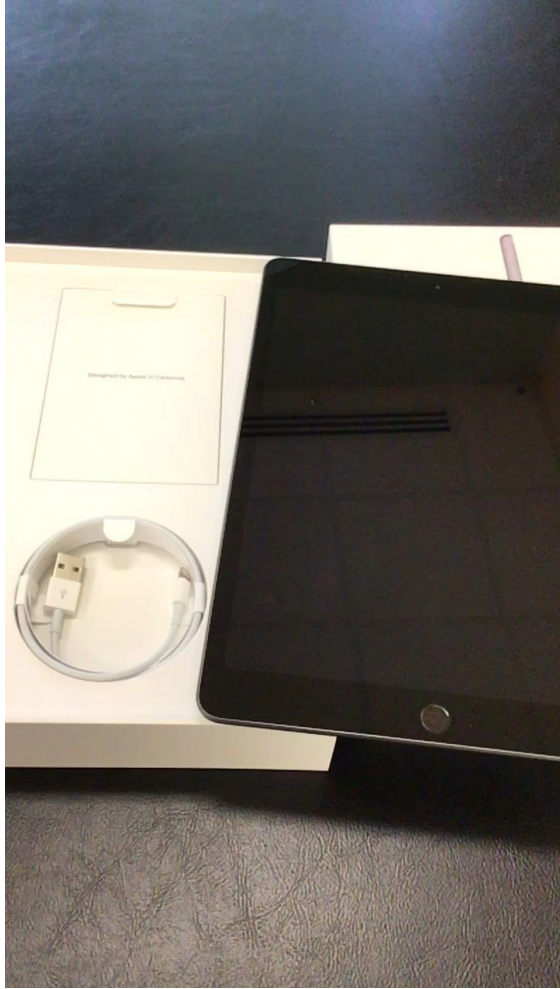
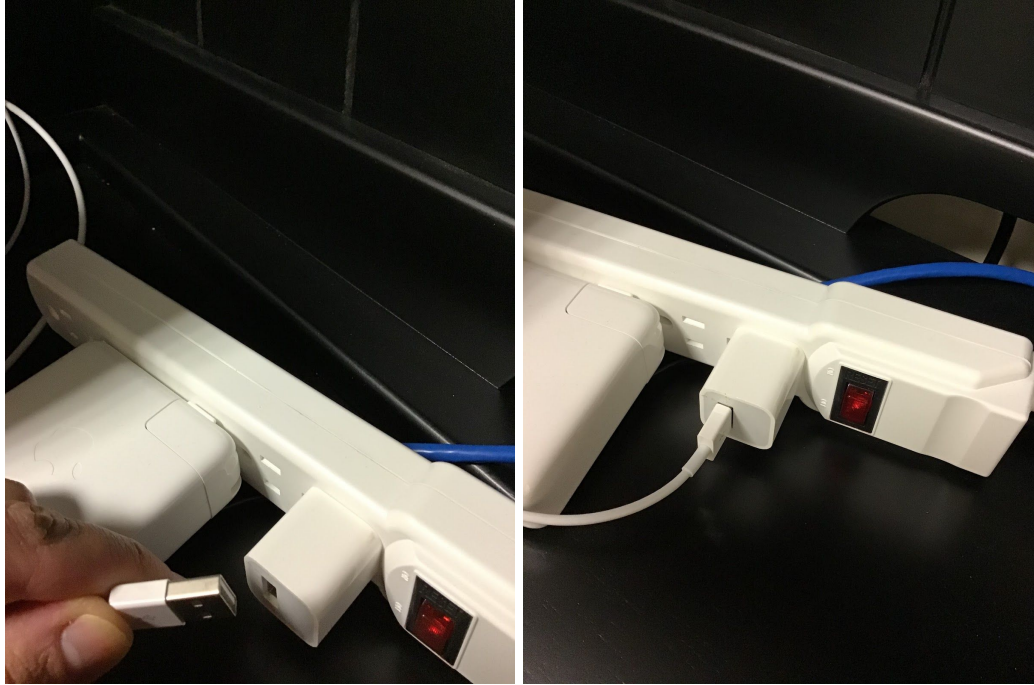




Congratulations on getting your Wellzesta iPad! In the box, you will find the iPad, a charging cable, a manual booklet and a charging block under the booklet. The charging cable can either be hooked to a computer for charging or we recommend using the charging block to plug into a wall socket.

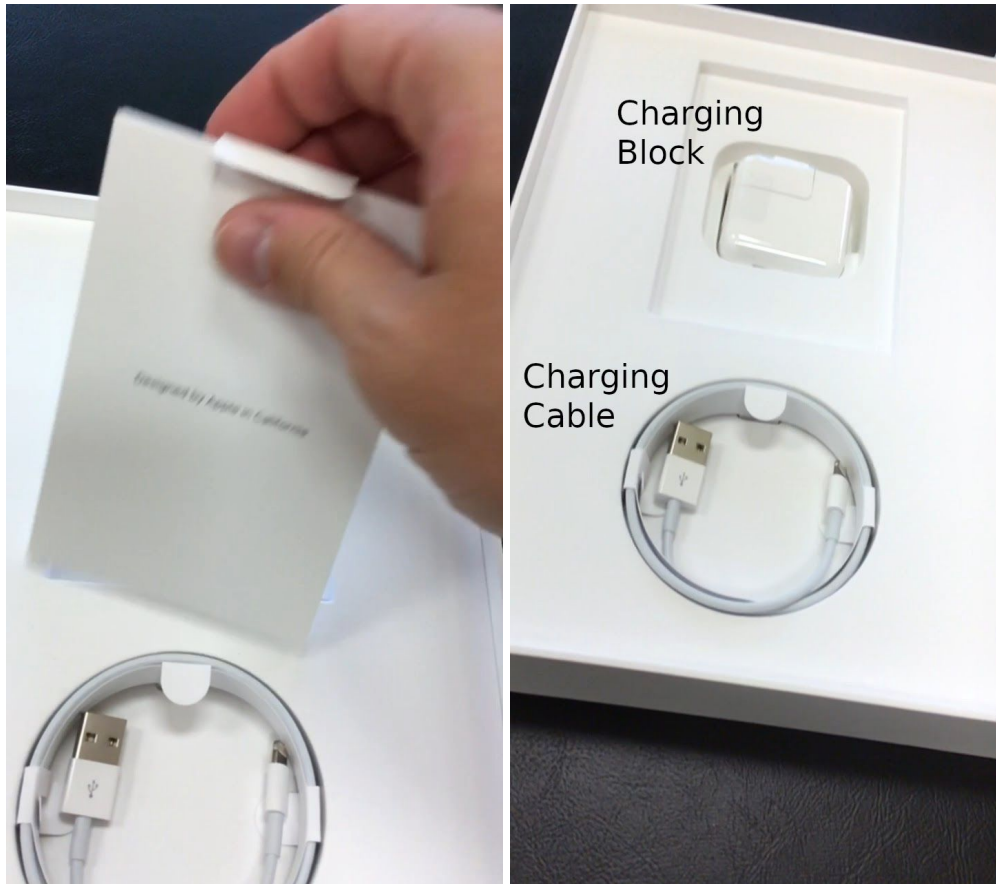


Plug the cable into the wall block like shown above.



Plug the charging cable into the bottom of the iPad as shown above.

Pictured below is the manual booklet. Remove it to find the charging block underneath.



Push the round home button on the center bottom of the iPad as pictured below. The iPad works by touching the screen, so you can tap icons with one finger to get them to open. You can also swipe right on the screen with your finger to switch screens.



Don't be afraid to experiment touching the screen and getting used to the functionality of it. Below are just some motions you can make with your hand using the iPad.

TOUCH GESTURES



Tap



Double tap



Drag



Flick



Pinch



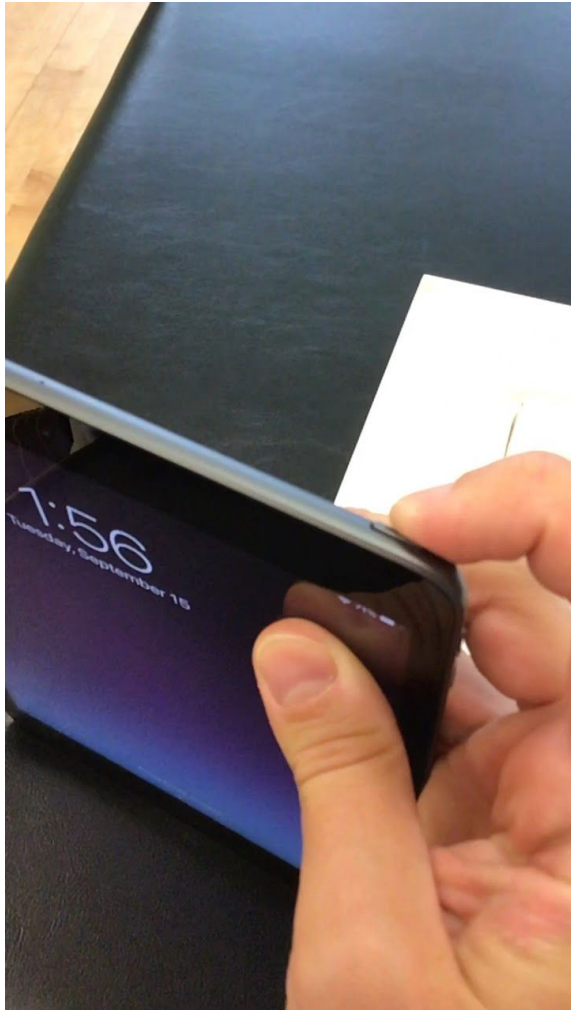
Spread



Press



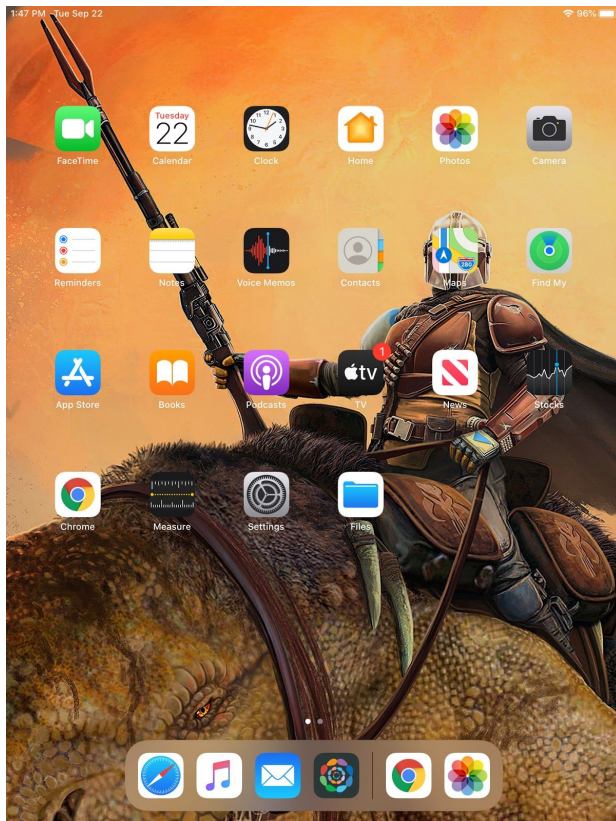
Press and Tap



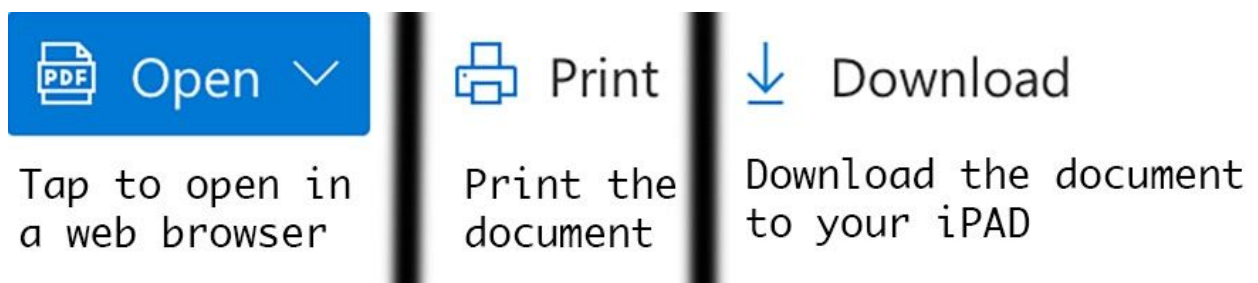
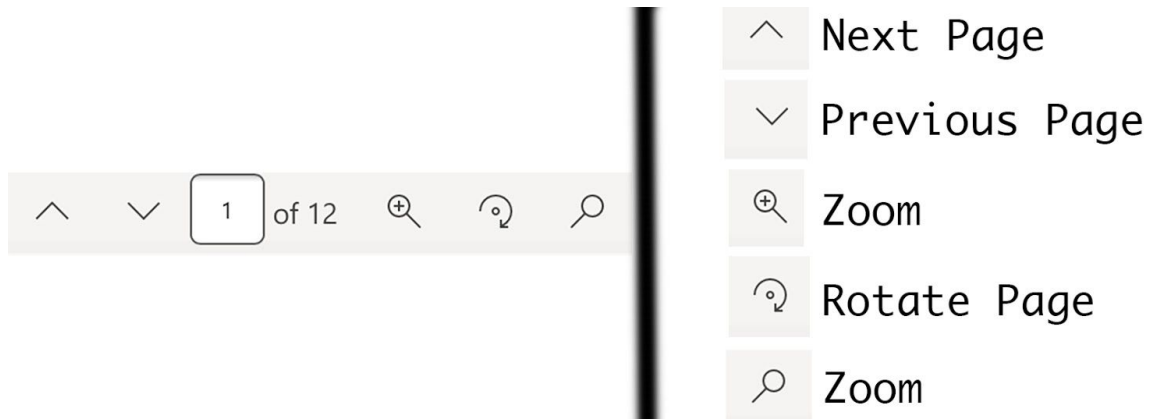
Above, on the left picture, you can see the On/Off Button located on the top right of the iPad. Push it once to turn it off. Please note that this does not turn off the iPad but will turn off the screen, which is fine.

Above, on the right picture, you can see the Volume Up/Volume Down buttons. The top most button is Volume Up, the bottom most is Volume Down. A volume slider will appear on the screen itself when either Volume button is pressed.

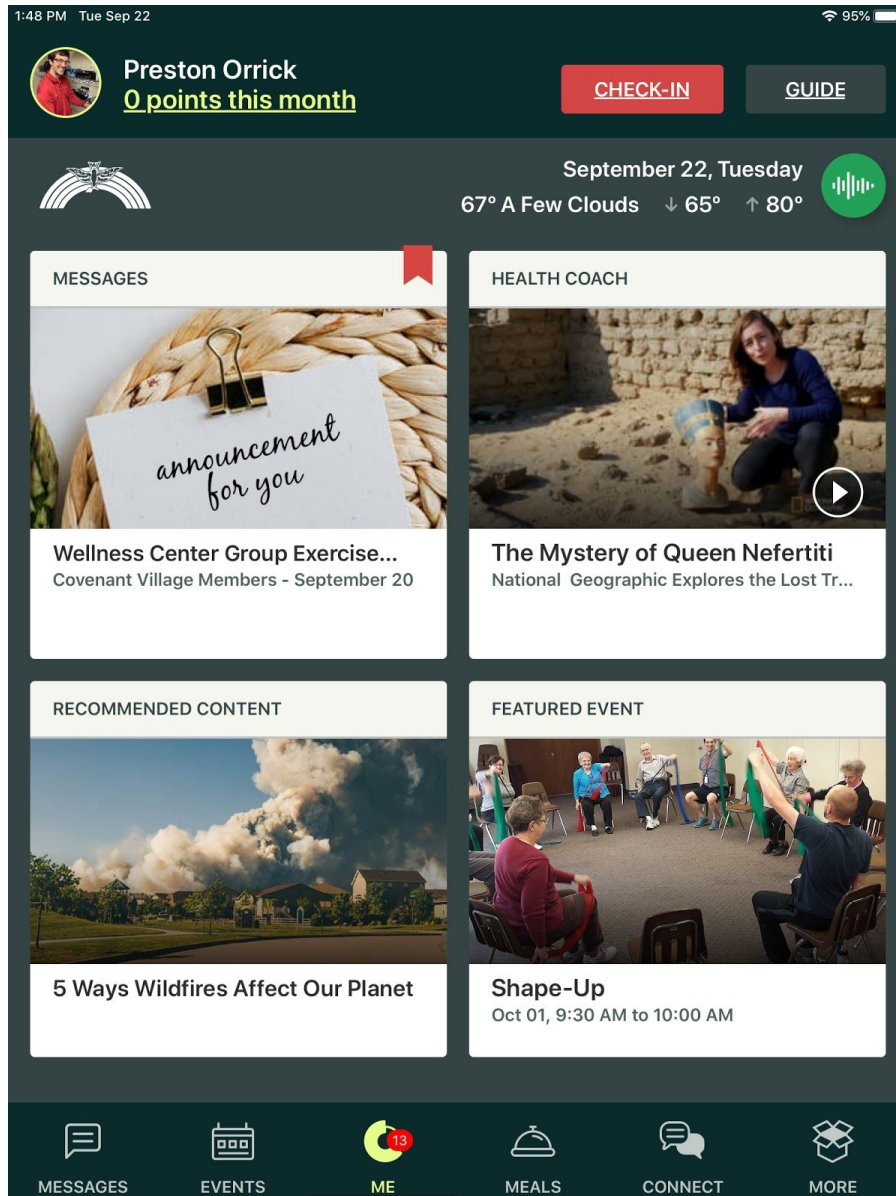
Below, you will see a typical iPad screen. Look for the Wellzesta App at the bottom of the screen, more clearly pictured on the second image. Tap it with your finger to open it. You would hit the round home button at the bottom of the iPad to return to this Home Screen.



There are several different icons to watch out for while you are navigating your iPad and Wellzesta. They are shown in the pictures below.



In the Wellzesta app, the 'Me' Screen shown below is typically the Main Screen that will appear while you're using Wellzesta.



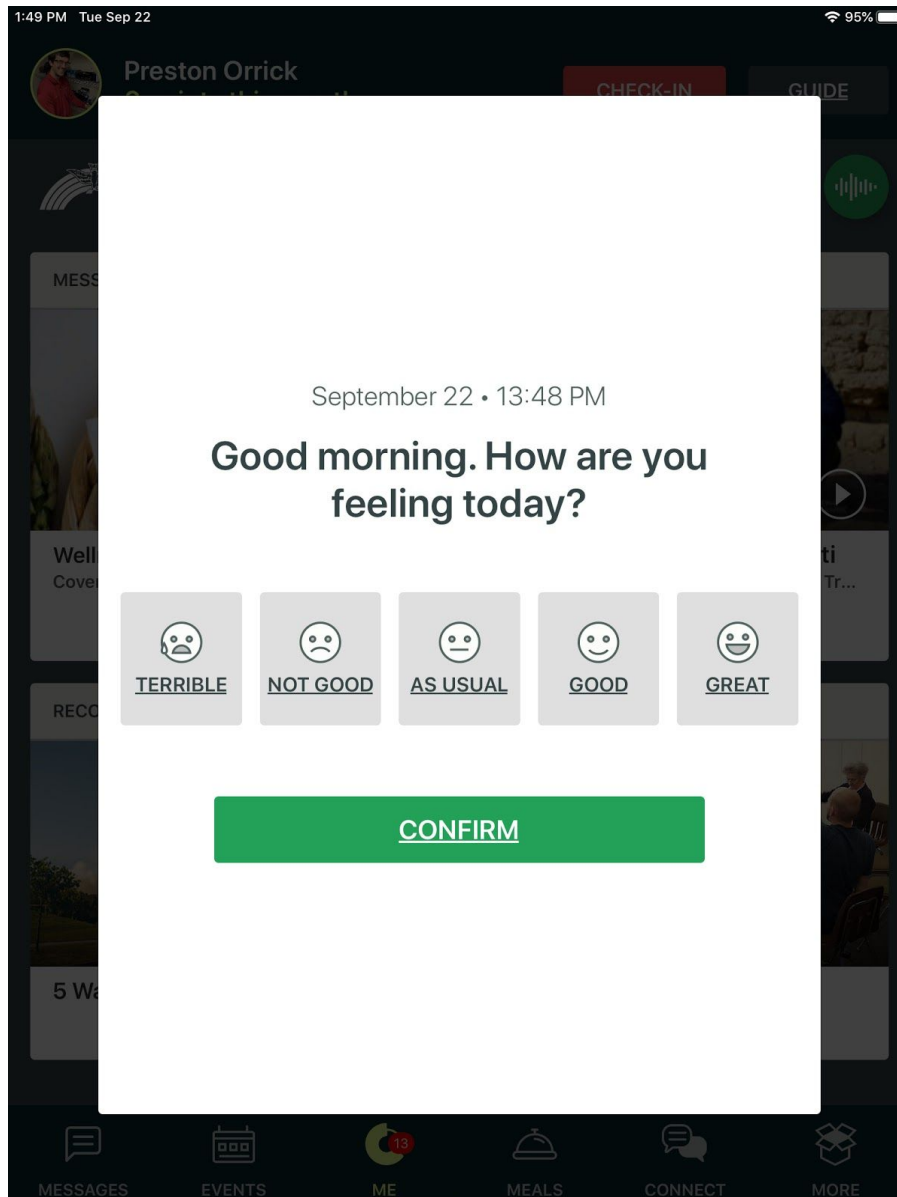
As you can see, the 'Me' Screen displays the following:

- Messages, Health Coach Video, Recommended Content, Featured Event.
- You can click any one of these to open them to view them further.

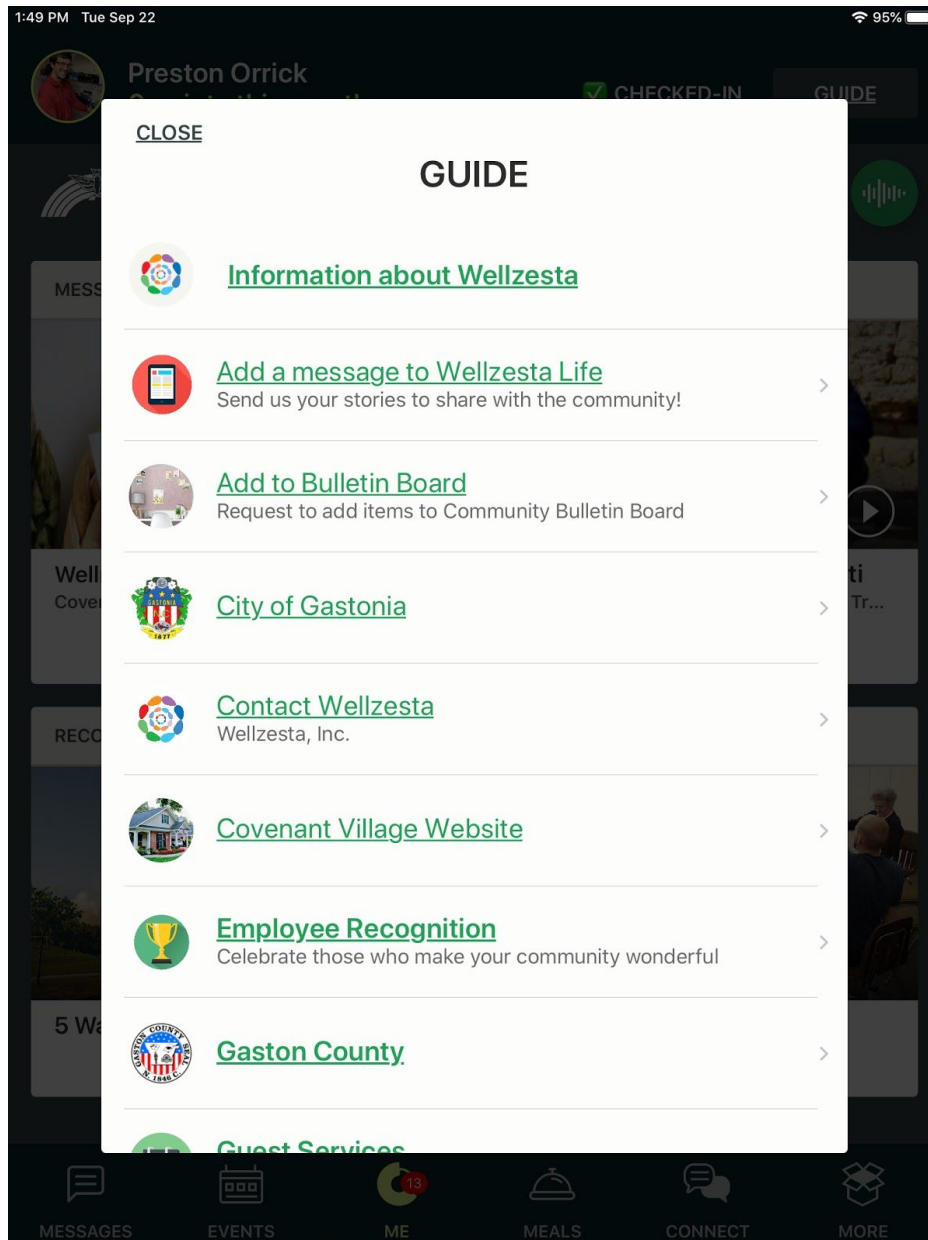
If at any time you'd like to return to the previous screen, you can hit the Back Button displayed below. Sometimes, 'Close' will be displayed instead of 'Back.'



On the 'Me' page, you can also tap 'Check-In.' This page is shown below. You can tap one of the emotions followed by 'Confirm.'



On the 'Me' page, you can also tap 'Guide.', as pictured below:

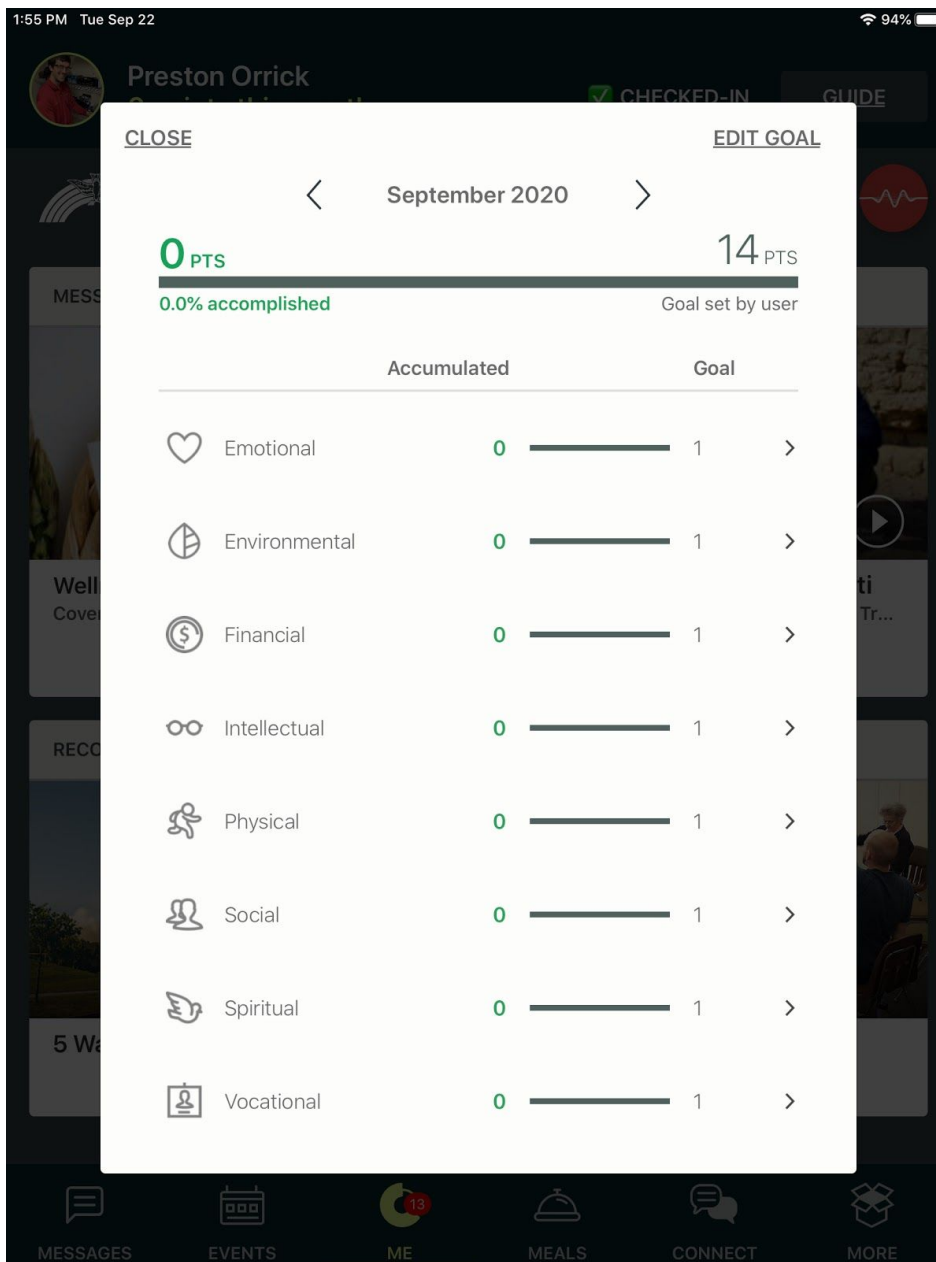


Tap any of the green links to access them. You can scroll down through the Guide by dragging a finger from the bottom of the screen to the top. Drag your finger back down to move back up through the Guide.

Also on the 'Me' page is a point counter in the top left under your name showing how many points you have accumulated so far by using the Wellzesta app. Tap the icon to see your point break-down.

You can tap 'Edit Goal' to edit your current goals or tap 'Close' to go back to the 'Me' screen.

Preston Orrick
0 points this month



On the 'Menu' screen, you can also tap the green icon at the top right of the screen pictured below to hear an audio recording of the weather, events and more. Tap the icon to give it a try.



You can see the 'Events' page Below. The 'Events' icon is located to the left of the 'Me' icon at the bottom of the screen. You can see 'Daily Events', add your own 'Independent Activity' and change the view layout of this page. You can also Register for events, sort events at the very top left of the page, by tapping the drop-down icons that say 'All Events' or 'Day.'

SHOW:

ALL EVENTS ▾

DAY ▾

TODAY



SUN

20 SEP

MON

21 SEP

TUE

22 SEP

WED

23 SEP

THU

24 SEP

FRI

25 SEP

SAT

26 SEP

Independent Activities

ADD INDEPENDENT ACTIVITY

Daily Events



10 TOTAL POINTS



Bonus Bingo

Sep 22, 11:00 AM to 11:30 AM

Assembly Room

DID NOT ATTEND

0/20



10 TOTAL POINTS



Bus Rides Out in the Community

Sep 22, 1:00 PM to 2:15 PM

Outside of A-Building

REGISTER

0/7



MESSAGES



EVENTS



ME



MEALS



CONNECT



MORE

Clicking 'Add Independent Activity' as shown below will bring up the 'Independent Activity' page as shown below. You can tap the type of activity you will be engaging in, change the date, start time, duration as well as add your own title and notes. You must click the green 'Add' icon toward the bottom of the page to complete adding your activity.



ADD INDEPENDENT ACTIVITY

[BACK](#)

Add Independent Activity

CHOOSE TYPE OF ACTIVITY

 Emotional	 Environmental	 Financial	 Intellectual
 Physical	 Social	 Spiritual	 Vocational

DATE

TODAY

START TIME

09:00 AM

DURATION

 15 MIN 

TITLE

NOTES

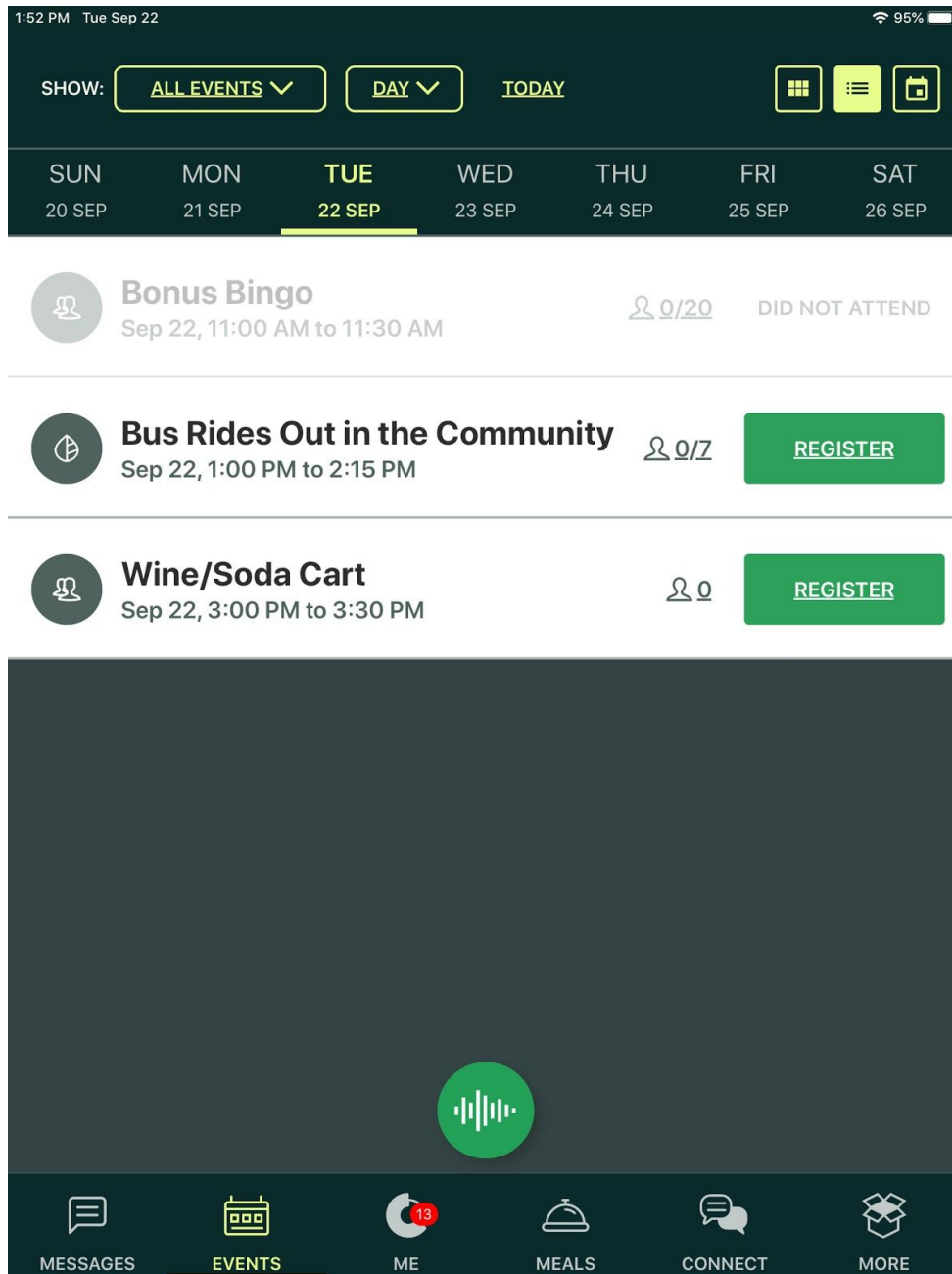
Optional

[ADD](#)

The following icons are at the top right of the 'Events' page as shown on the previous page. You can tap each of them to see different views of the same information.



Notice that the three icons are highlighted one by one in the top right in the following pictures.



Sep2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 8:00 AM It's Puzzling	31 No events	1 11:00 AM - Bonus Bingo 1:00 PM - Bus Rides Out in the Community 3:00 PM - Wine/Soda Cart 3:30 PM - History Class 6:00 PM - History Class	2 No events	3 3:00 PM - Wine Cart 6:30 PM - Bingo	4 11:00 AM - Chapel Service - Weekly on Fridays 1:00 PM - Bus Rides Out in the Community	5 No events
6 No events	7 3:00 PM Wine/Soda Cart	8 11:00 AM - Bonus Bingo 1:00 PM - Bus Rides Out in the Community 3:00 PM - Wine/Soda Cart 3:30 PM - History Class 6:00 PM - History Class	9 No events	10 3:00 PM - Wine Cart 6:30 PM - Bingo	11 1:00 PM Bus Rides Out in the Community	12 No events
13 No events	14 3:00 PM - Wine/Soda Cart 3:30 PM - Bible Study - Every Monday afternoon	15 11:00 AM - Bonus Bingo 1:00 PM - Bus Rides Out in the Community 3:00 PM	16 3:30 PM Communion Service - 1st and 3rd Wednesday each month at 3:30	17 3:00 PM - Wine Cart 6:30 PM - Bingo	18 10:00 AM - Crafts 11:00 AM - Chapel Service - Weekly on Fridays 1:00 PM	19 No events

MESSAGES

EVENTS

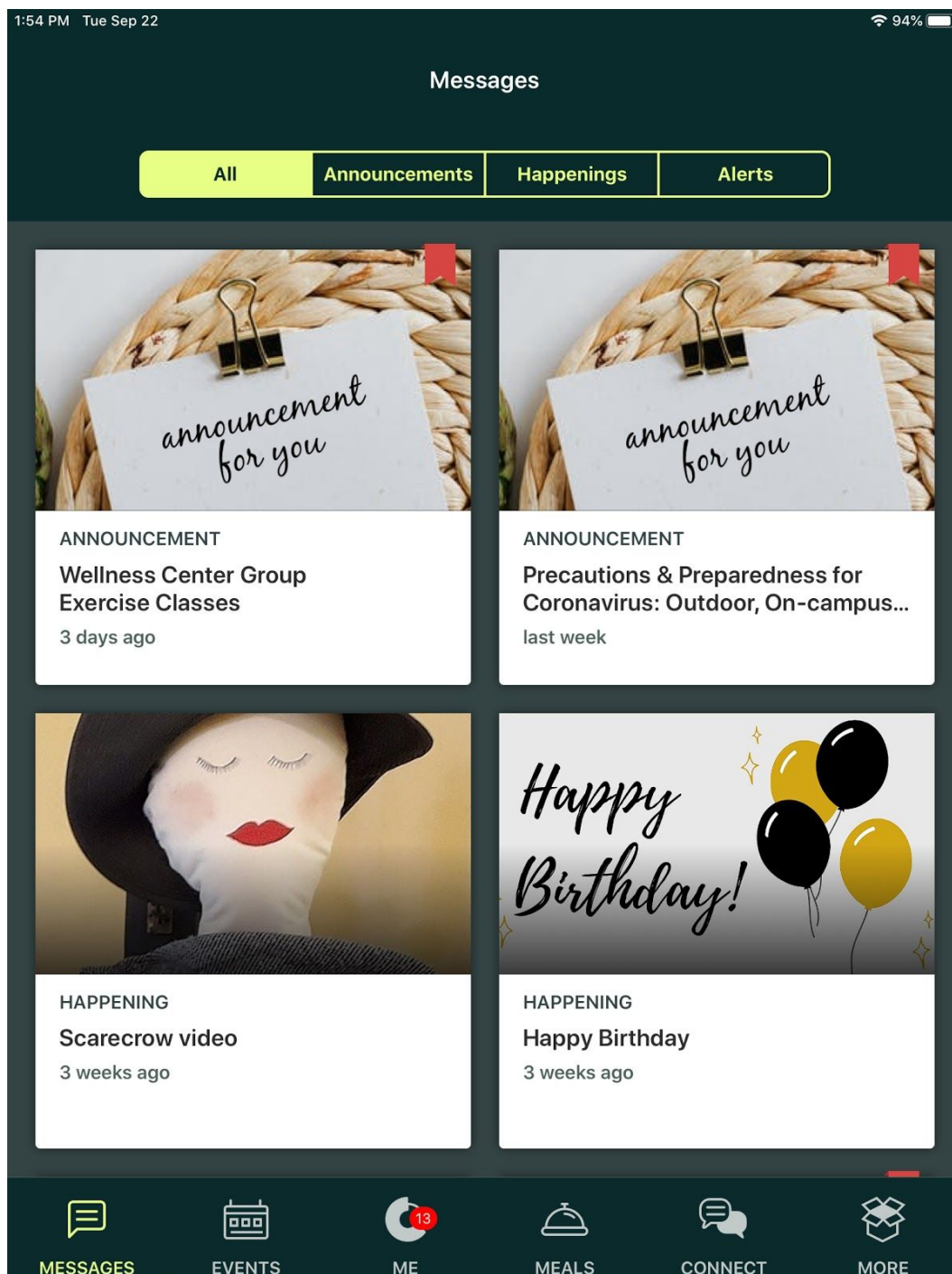
ME

MEALS

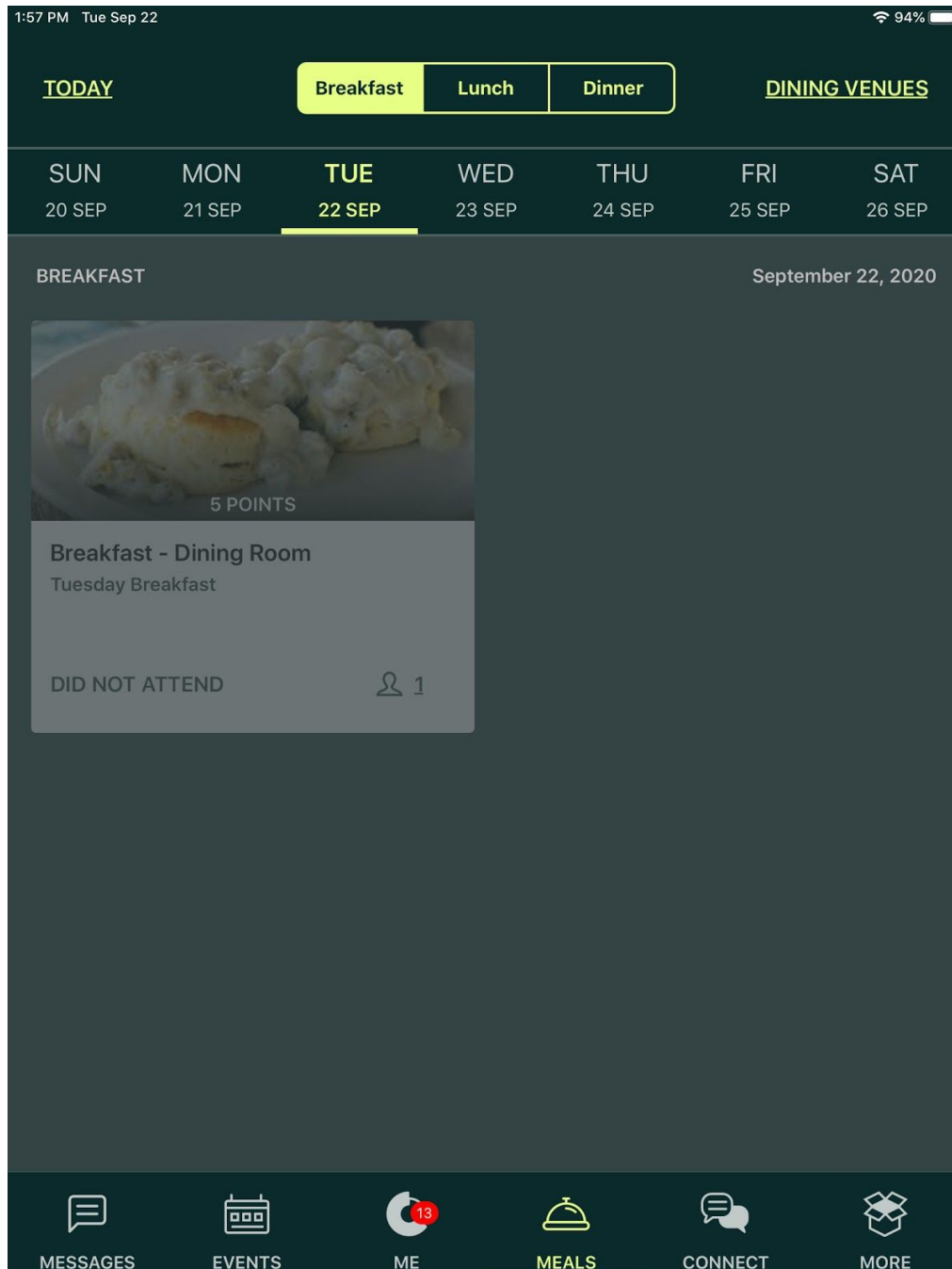
CONNECT

MORE

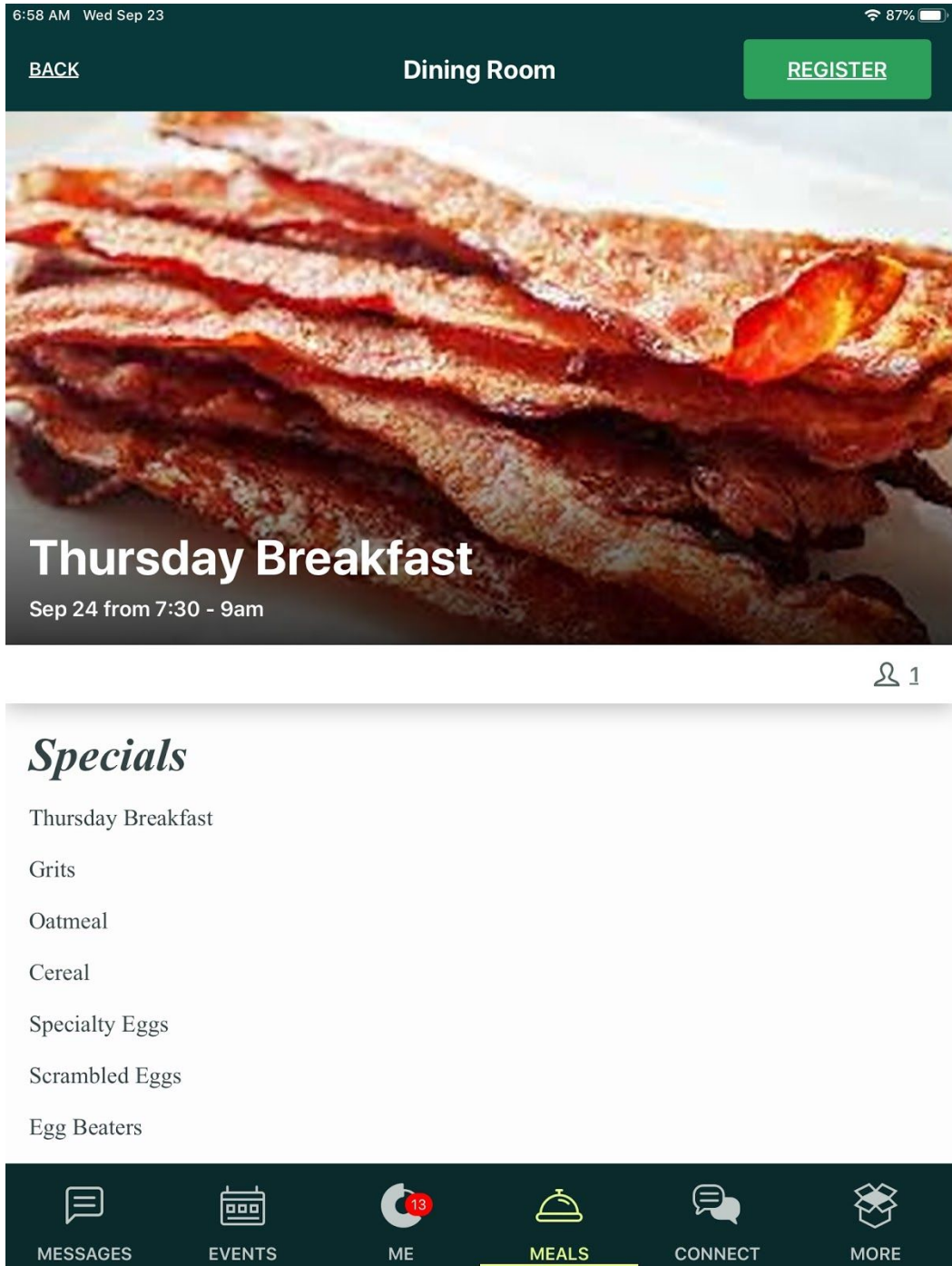
The following screen is the 'Messages' page. Click on the 'Messages' icon at the bottom left of the screen to reach this page. You can sort messages by tapping 'All', 'Announcements', 'Happenings', and 'Alerts.' You can also tap each individual message to view it. Remember to tap 'Back' or 'Close' to come back to this screen.



Below you will see the 'Meals' screen, where you can view meals for the entire week. Tap on different days to see the meals for that day. You can tap 'Attend' on any meal event to Register for that event. Please note that you can also tap 'Breakfast', 'Lunch' and 'Dinner' icons to see scheduled meals. Tapping 'Dining Venues' is explained below.



Tap on a single meal such as 'Breakfast' to see the time of the event and any 'Specials' listed. Tap 'Register' at the top right of the screen to attend the event. You can tap 'Back' to go back to the 'Meals' screen.



You can also view how many people are attending by tapping the following icon.



On the 'Meals' screen, tapping 'Dining Venues' in the top right of the screen will show you our rooms for dining, as shown below. Tap the 'Dining Room' image to see more about the room itself. You can tap 'Back' or 'Back to Meals' to return to the 'Meals' screen.

[BACK TO MEALS](#)

Welcome to Dining at Covenant Village

Welcome to the Food and Nutrition Dining Room. Our goal is to provide a great dining experience for our community. Dining is an important part of living and our social fabric at Covenant Village.

Dining Venues



Dining Room

Our elegant main dining room features restau...

~ more ~



MESSAGES



EVENTS



ME



MEALS



CONNECT



MORE

Tapping the 'Connect' icon at the bottom of the screen brings up the following screen.



Preston Orrick

All

Friends

Groups

Residents

Futures

Staff



Sue Ashley

[ADD AS FRIEND](#)



Jenn Barker

[ADD AS FRIEND](#)



Bob Blake

[ADD AS FRIEND](#)



Shane Brown

[FRIEND](#)



Sherry Cheney

[FRIEND](#)



Lindsay Clontz

[ADD AS FRIEND](#)



Russ Craig

[FRIEND](#)



Frances Crockett

[ADD AS FRIEND](#)



Lisa Devanport

[ADD AS FRIEND](#)



Ann Drum

[ADD AS FRIEND](#)



Tina Edwin

[ADD AS FRIEND](#)



Amber Flowe

[ADD AS FRIEND](#)



MESSAGES



EVENTS



ME



MEALS



CONNECT

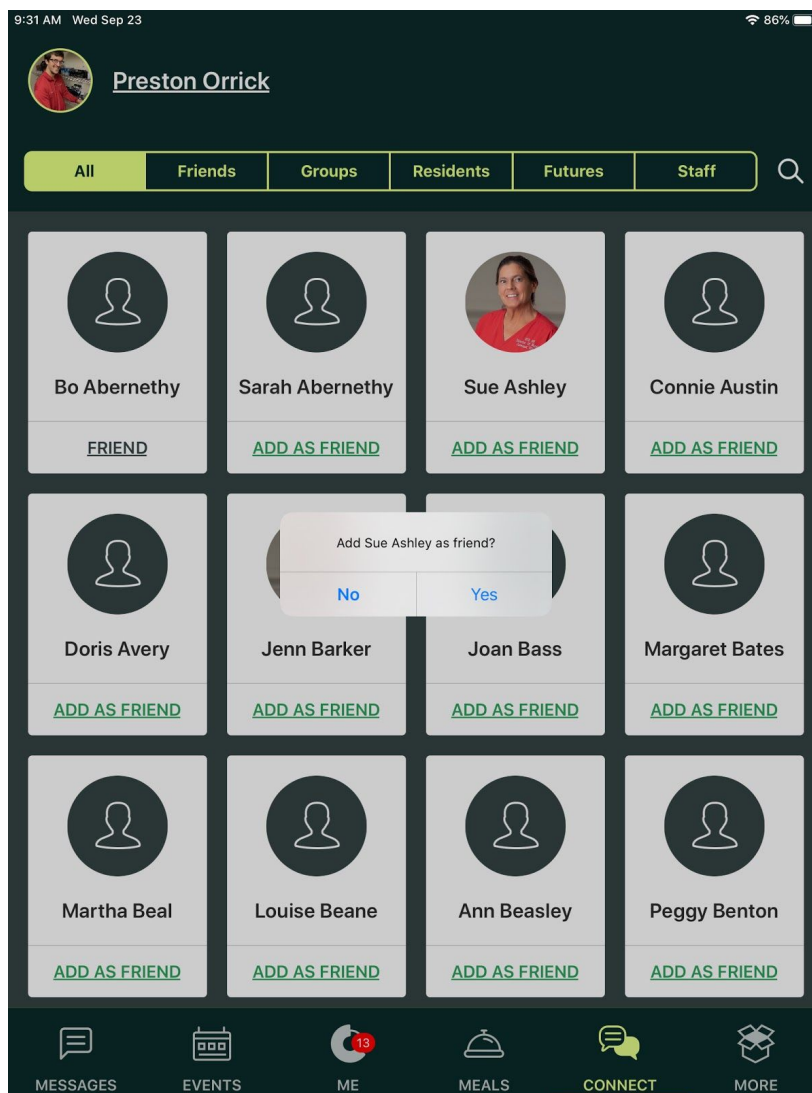


MORE

On the 'Connect' screen, you can scroll through the list of people by dragging a finger from the bottom of the screen to the top. Drag your finger from the top of the screen to the bottom to scroll back up through the list.

You can tap 'ADD AS FRIEND' under anyone's name to add them as your friend. A small window (shown below) will pop up asking if you'd like to confirm the user as your friend. You can either tap 'Yes' or 'No.' Tap 'Yes' to confirm the user as your friend.

You can tap on anyone's face or name to see more information about them. Hit 'Back' to return to this screen.



On the 'Connect' tab, you can tap the following list to see:

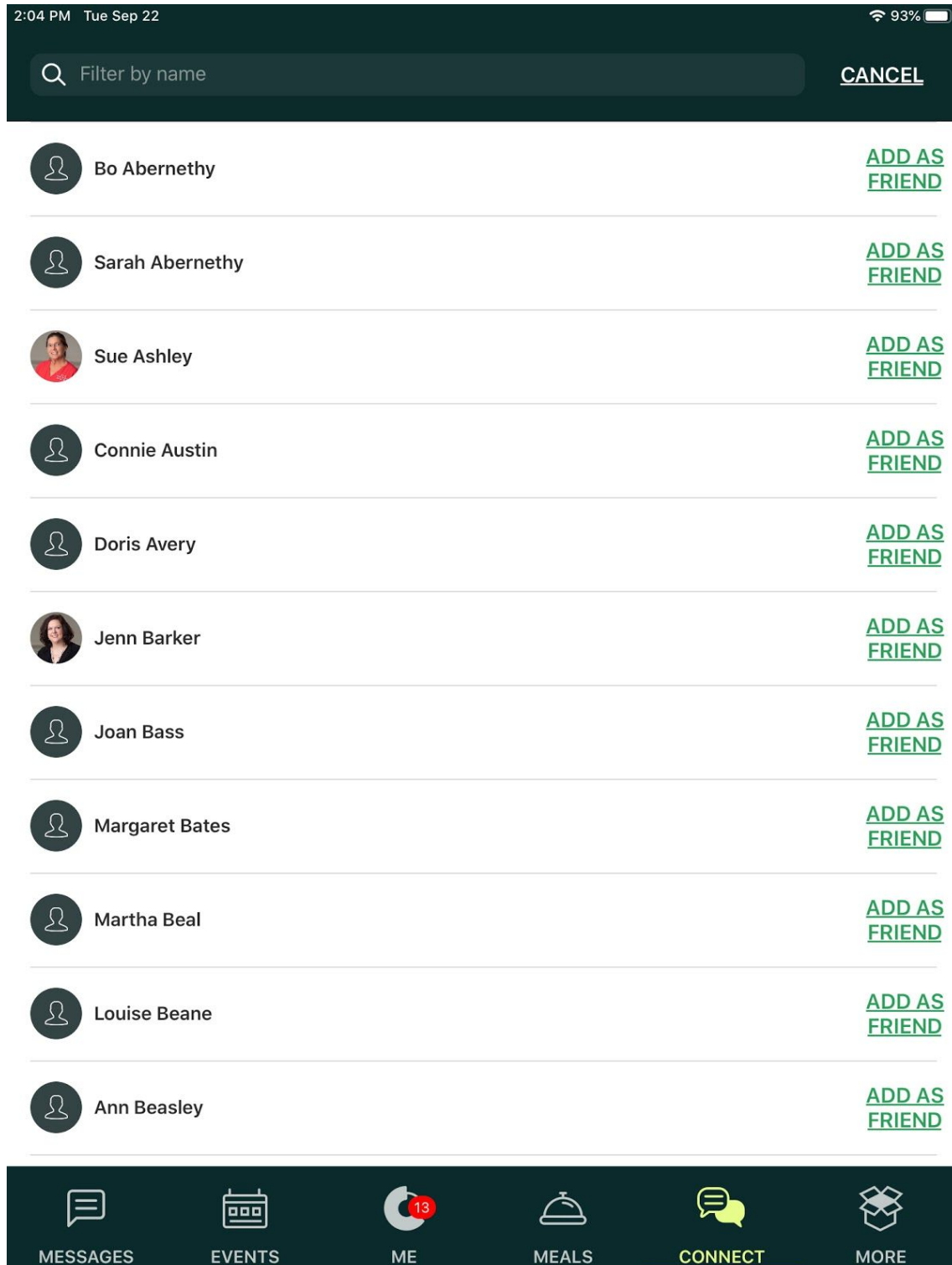
- All
- Friends
- Groups
- Residents
- Futures
- Staff



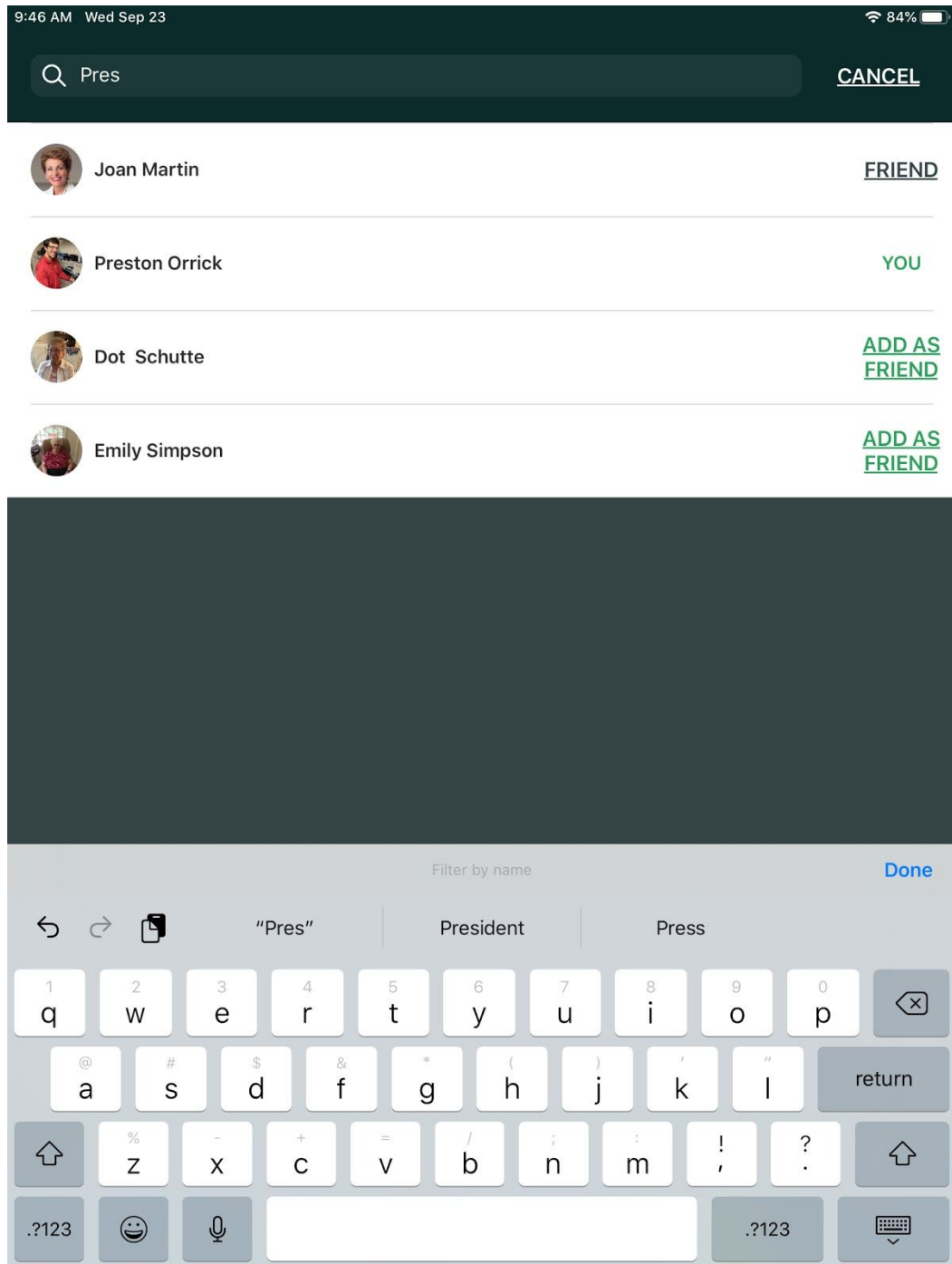
You can also tap the small eyeglass (shown below) to search for users by name.



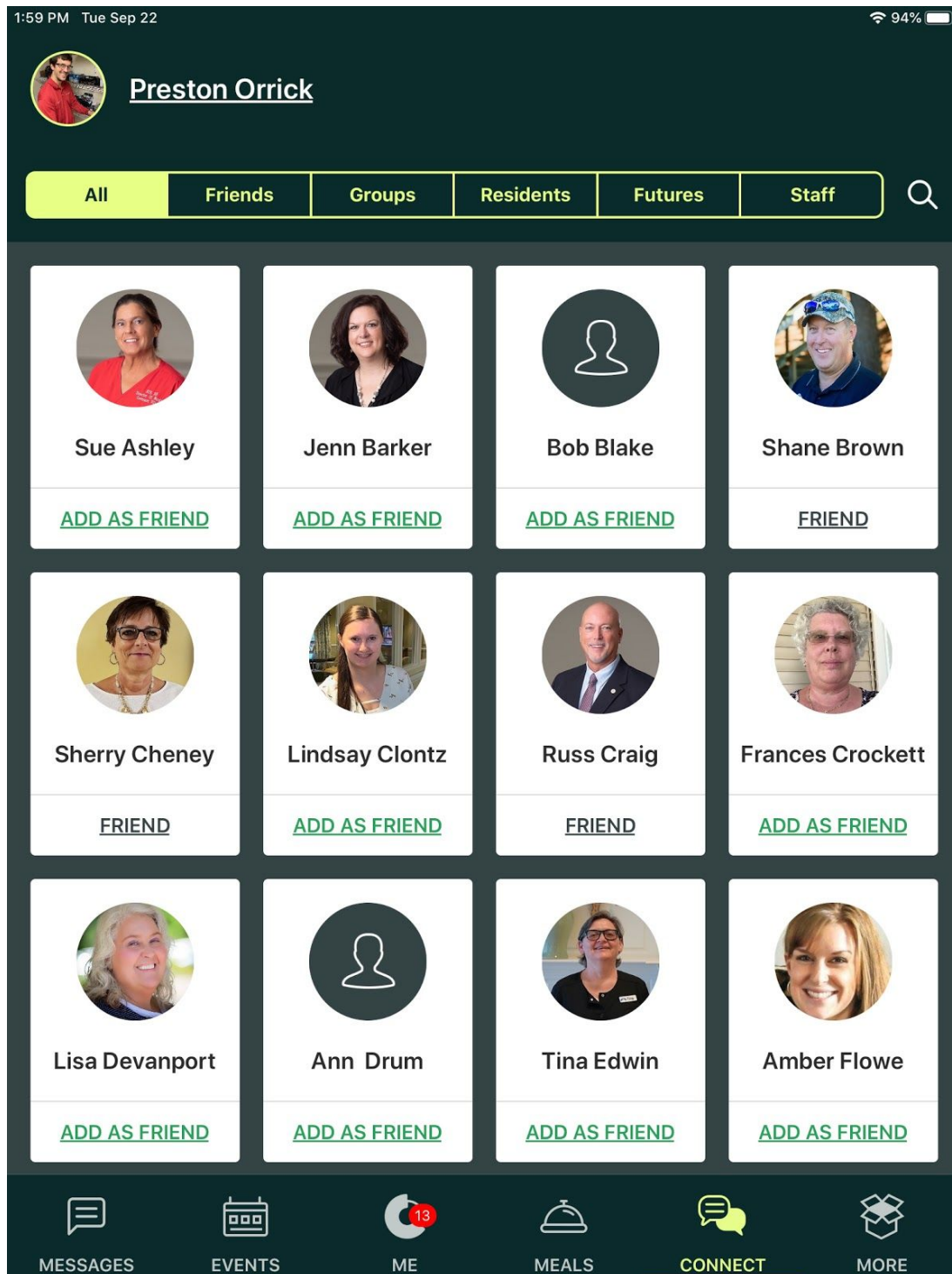
You will be presented with the following screen, where you can start searching for users by tapping 'Filter by name.'



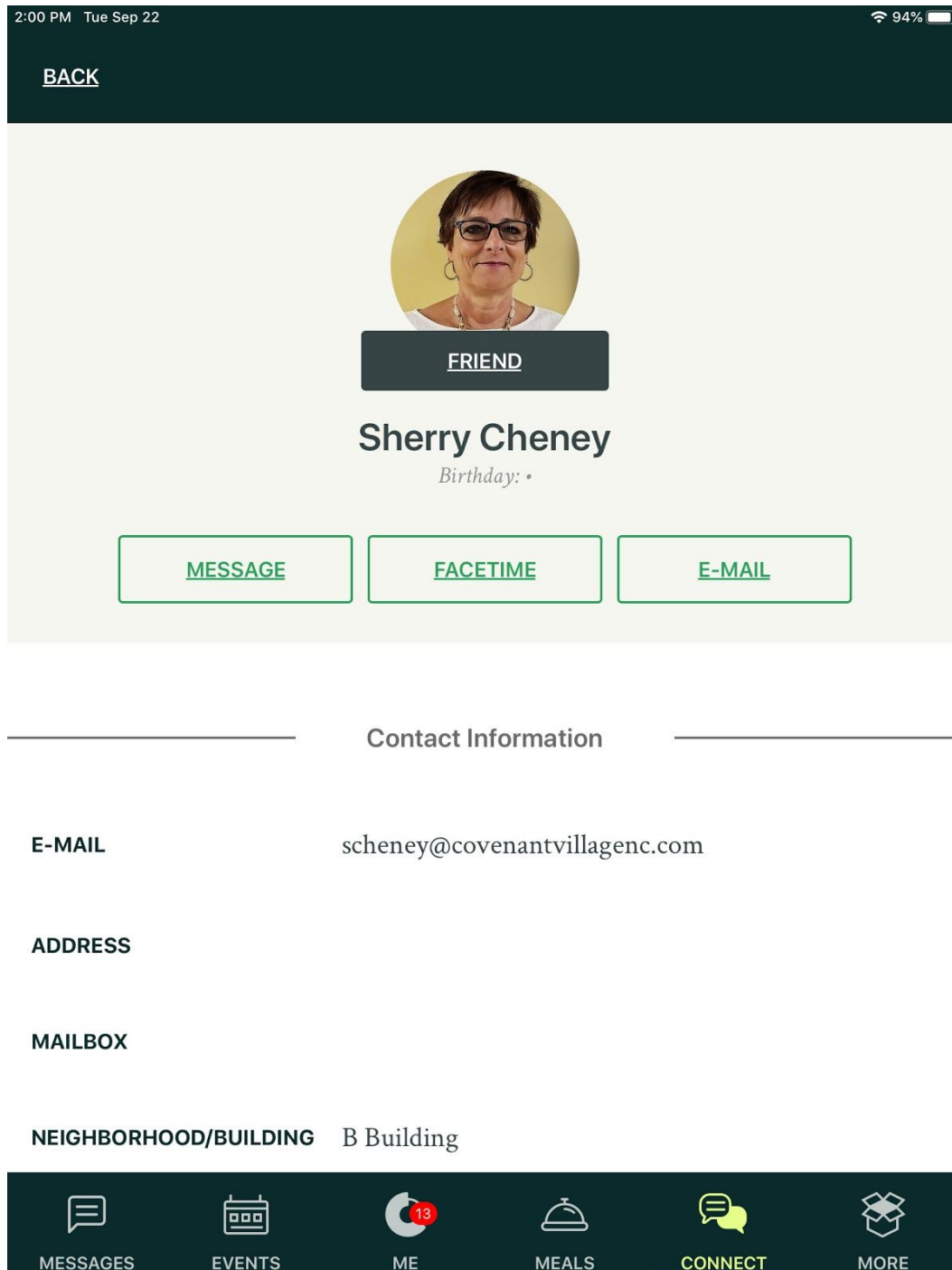
Using the keyboard pictured below, type out the name you wish to find and the search results will be updated accordingly. If you have typed the name incorrectly, use the icon with the 'X' in it to the right of the 'p' key. You can also tap 'CANCEL' to return to the main 'Connect' screen.



Below, will see the main 'Connect' screen. Tap your name in the upper left of the screen to access your own profile.



On your profile screen, you can see how your profile looks. This is how other profiles appear as well. You can tap the following: 'MESSAGE', 'FACETIME', 'E-MAIL.'



The 'MESSAGE' icon sends a message through the application.

The 'FACETIME' icon will open the Facetime application, allowing for video and audio calls.

The 'E-MAIL' icon will open a screen allowing you to write an email to the recipient. You can tap the 'Subject' line to add a subject to your email.

Tapping in the area pictured below will allow you to start writing your message to the recipient.



Tap 'Edit Profile' in the upper right of the screen.

[BACK](#)

[EDIT PROFILE](#)



Preston Orrick

Birthday: •

[MESSAGE](#)

[FACETIME](#)

[E-MAIL](#)

Contact Information

E-MAIL

porrick@covenantvillagenc.com

ADDRESS

MAILBOX

NEIGHBORHOOD/BUILDING



MESSAGES



EVENTS



ME



MEALS



CONNECT



MORE

On the profile edit page below, you can scroll through and change your profile information by tapping on each individual item, such as 'Address' or 'Mailbox.' Be sure to tap 'Done' when you are finished editing individual items. 'Done' can be seen just above the keyboard while you are editing.

2:07 PM Tue Sep 22

93%

BACK

SAVE



CHANGE PICTURE

Preston Orrick

Birthday: *

Preston

Orrick

Contact Information

E-MAIL

porrick@covenantvillagenc.com

ADDRESS

MESSAGES

EVENTS

ME

MEALS

CONNECT

MORE

To change your picture, click the green 'Change Picture' icon on the 'Connect' page. You can either choose 'Camera' and take a new picture of yourself or 'Photo Library' and choose a picture of yourself already taken. Using the Camera is explained below.

12:10 PM Wed Sep 23

75%

BACK

SAVE



CHANGE PICTURE

Camera

Photo Library

Preston

Orrick

Contact Information

E-MAIL

porrick@covenantvillagenc.com

ADDRESS

MESSAGES

EVENTS

ME

MEALS

CONNECT

MORE

How To Use The iPad Camera:

Tap the 'Camera' icon below. You may have to tap the 'Home' button located in the middle bottom of the iPad.



First, referencing the picture below, tap the 'Reverse Camera Icon' located on the middle right of the screen to flip the camera to point at your face. Alternatively, you can tap it again to flip it back to what's in front of you.

Secondly, tap the 'Photo Snap Icon' located on the middle right of the screen to take a picture.



Tap on the 'Home' button on the middle bottom of the iPad to return to the home screen. Now, you can tap on the 'Pictures' icon referenced below to see what pictures you've just taken. Feel free to use the 'Camera' app previously discussed to take a photo of yourself that you're satisfied with for your Wellzesta profile.

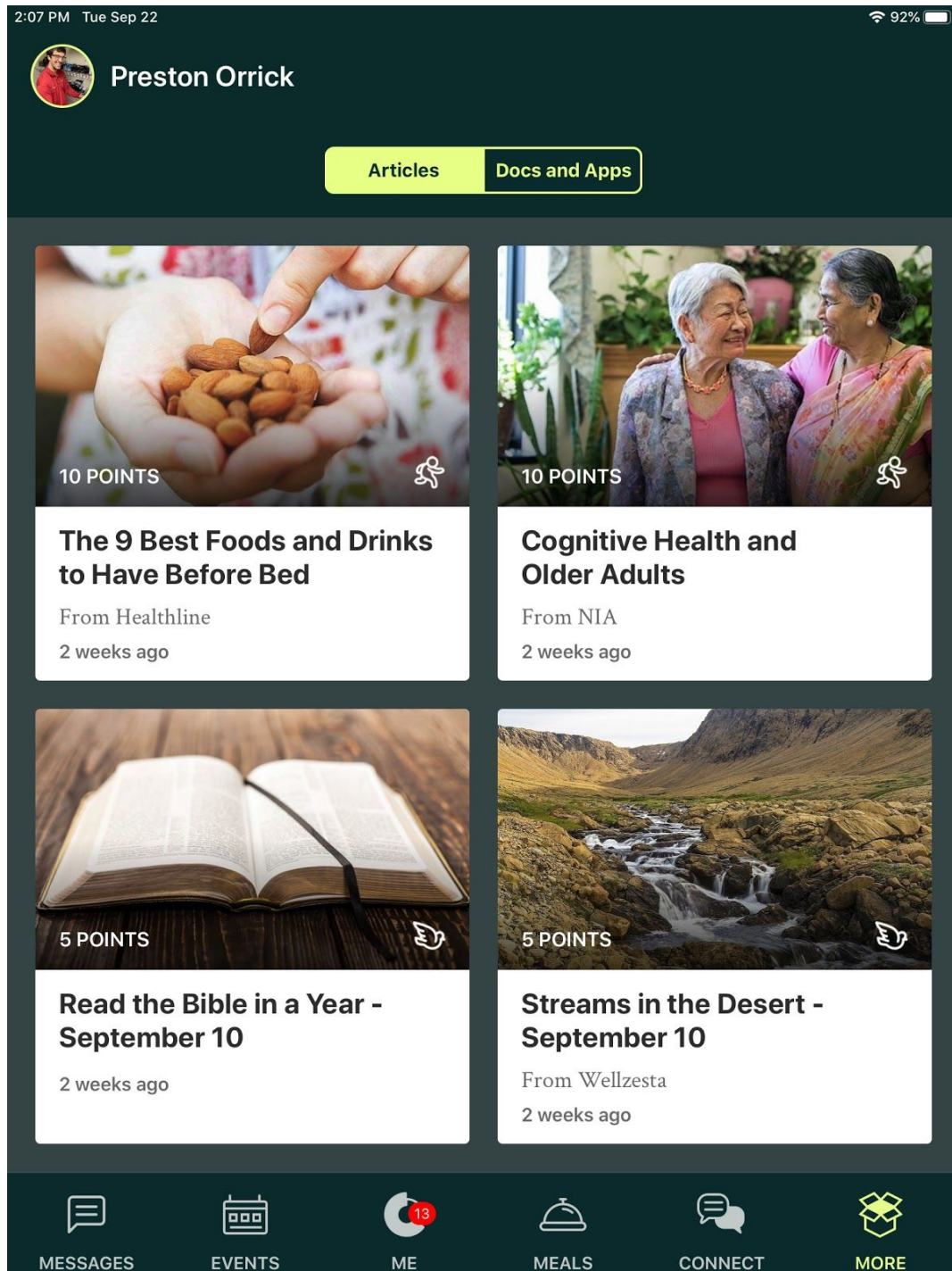


Back in Wellzesta, tap on 'Connect' followed by your name in the upper left corner of the screen. Now tap 'Edit Profile', then 'Change picture' and choose 'Photo Library.'

Next, tap 'All Photos' and tap on the picture you like. You can pinch the screen how you like to zoom in or out to your liking. Finally, click 'Done' and your picture will now be the picture for your Wellzesta profile.

Tap the 'More' icon on the bottom of the screen. It is the right-most icon. Here, you will find 'Articles' and 'Docs and Apps.' Apps are defined as applications.

See the picture below for the 'Articles' page.



Tap on any article to open it. You can scroll through the 'Articles' or any pages by moving your finger from the bottom of the screen to the top, and from the top of the screen to the bottom to move back up the page. You can tap the 'Back' button at the top left of the screen to return to the 'More' screen. You can also tap 'Close' at the top left of the screen to close an article and return to the previous screen.

We encourage tapping through any more pages to become familiar with navigating the Interface.

Please see the image below for an example of an article.

[BACK](#)

Streams in the Desert - September 24

This article is part of the Streams in the Desert series

5 Points



Streams in the Desert - Sep 24

by L. B. E. Cowman and Jim Reimann



When they came to the border of Mysia, they tried to enter Bithynia, but the Spirit of Jesus would not allow them to. ([Acts 16: 7](#))

What a strange thing for the Lord to prohibit, for they were going



MESSAGES



EVENTS



ME



MEALS



CONNECT



MORE

'Docs and Apps' located on the 'More' screen has important documents and resources for residents to access at any time. At this time, 'Apps' is a work in progress and is not available for access yet.

See the image below for what the 'Docs and Apps' screen looks like.



Preston Orrick

Articles

Docs and Apps



Docs



Communication & Technology

[VIEW DOCS](#)



Instructions and User Guides

[VIEW DOCS](#)



New Resident Documents

[VIEW DOCS](#)



Policies

[VIEW DOCS](#)



Resident Resources

[VIEW DOCS](#)



Wellness Center

[VIEW DOCS](#)



MESSAGES



EVENTS



ME



MEALS



CONNECT



MORE

On the screen pictured above, tap on the green 'VIEW DOCS' icon to see what documents are available for folders such as 'Instructions and User Guides' and 'Resident Resources.'

Tap on 'VIEW' to view any document. You can also use the magnifying glass icon pictured below to search for documents. Tap 'CLOSE' to exit the document and return to the previous set of documents.



The document pictured below was accessed by viewing the documents in 'Communications & Technology', then tapping 'VIEW' next to the 'Spectrum Channel Lineup and Info Guide.'

[CLOSE](#)

OneDrive for Business

[< BACK](#)

[FORWARD >](#)

 Open 

 Print

 Download

1 of 1



Channel Lineup and Information Guide

bulk services provided by



1

of 12



We hope you enjoy your new iPad and encourage you to experiment and play around with Wellzesta. If you encounter any problems or think we missed including more information about anything, feel free to contact us below.

porrick@covenantvillagenc.com

csills@covenantvillagenc.com

704.854.8738